

# INDICA

VERSUS

# SATIVA

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COMPARING THE 2 STRAINS OF CANNABIS

(Info via Leafly)

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## INDICA



Short in stature,  
broad leaves, shorter  
flowering cycles

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Believed to be  
physically sedating  
and relaxing

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Perfect for relaxing  
with a movie, reading  
or as a nightcap  
before bed

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Common strains  
include Hindu Kush,  
Afghan Kush and  
Black Domina

## SATIVA



Tall in stature,  
narrow leaves, longer  
flowering cycles

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Provides more  
invigorating, uplifting  
cerebral effects

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Perfect for physical  
activity, social  
gatherings, and  
creative projects.

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Common strains  
include Durban  
Poison, Panama Red  
and Moby Dick